

## Bretylium tosylate

<b>class:</b>	Antiarrhythmic
<b>action:</b>	Blocks the release of norepinephrine from the peripheral sympathetic nerves.
<b>indications:</b>	PVCs, ventricular fibrillation, and ventricular tachycardia not controlled by first line medications.
<b>contraindications:</b>	AV blocks, pts. with digitalis toxicity, pulmonary edema.
<b>precautions:</b>	Patients must be kept in a supine position after administration to combat postural hypotension which occurs in half of all cases.
<b>se:</b>	Vertigo, dizziness, hypotension, syncope, bradycardia, and increased frequency of arrhythmias when first administered.
<b>dosage:</b>	5 mg/kg initial IV bolus, followed by 10 mg/kg every 15-30 minutes to a maximum of 35 mg/kg.
<b>route:</b>	rapid intravenous bolus

### References:

1. Brady prehospital emergency pharmacology fifth edition copyright 2001
2. [www.nurspdr.com](http://www.nurspdr.com)
3. Emergency Critical Care Pocket Guide ACLS Version